

10: Punyaha -vachanam (purification ceremony after child-birth):

At Temple:

**Agarbathi – One small packet
Beetle Leaves – 8 or more
Coconut -1
Flowers – Min One Bouquet, or more if you wish.
Fruits – Min One Dozen, or more if you wish.
Mango leaves - 5 (if you can)
New Cloth (blouse bit, about 1 meter, any color, other than black)
Supari – 1 small Packet**

At Home:

**Agarbathi – One small packet
Beetle Leaves – 8 or more
Camphor – One Small Packet
Coconut - 1
Flowers – Min One Bouquet, or more if you wish.
Fruits – Min One Dozen, or more if you wish.
Kalasham (if you can) – 1
Kumkum – 1 Spoon
Lamps -2
Mango leaves - 5 (if you can)
New Cloth (blouse bit, about 1 meter, any color, other than black)
Oil or Ghee and 2 small Cotton balls
Plates – 5-small or medium
Rice – 2 pounds.
Sandal Powder-1 small packet
Supari – One small Packet
Sweet-Rice or paayasam, as much as needed for all your guests.
Tumblers or small cups - 5
Turmeric Powder – Small Packet (about 8 spoons)
Vadlu (paddy / Nellu, about 4 cups)**